



YEAR-END CLINIC HEALTH SCREENING PACKAGES 2026

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Health Screening at Healthway Medical GP Clinics

The Importance of Health Screening

As early detection leads to more effective treatment, it is important to go for regular health screening, even if you feel fine. Through checkups, potential health problems can be identified and managed before they become critical.

Benefits of Getting Your Health Screening at Healthway Medical GP Clinics

With over 60 GP clinics located islandwide, we deliver quality, affordable and accessible health screenings for all.

Our medical professionals offer personalised recommendations and treatments for patients, helping you to uncover key insights about your current health status, and identify any future risks for early intervention.



BLUE HEALTH SCREENING PACKAGE

Non-Fasting Option:

\$45 nett

Fasting Option:

\$50 nett

- **Clinical Assessment**

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

- **Diabetics**

- Blood Glucose (Fasting)
- HbA1c (Non-Fasting)

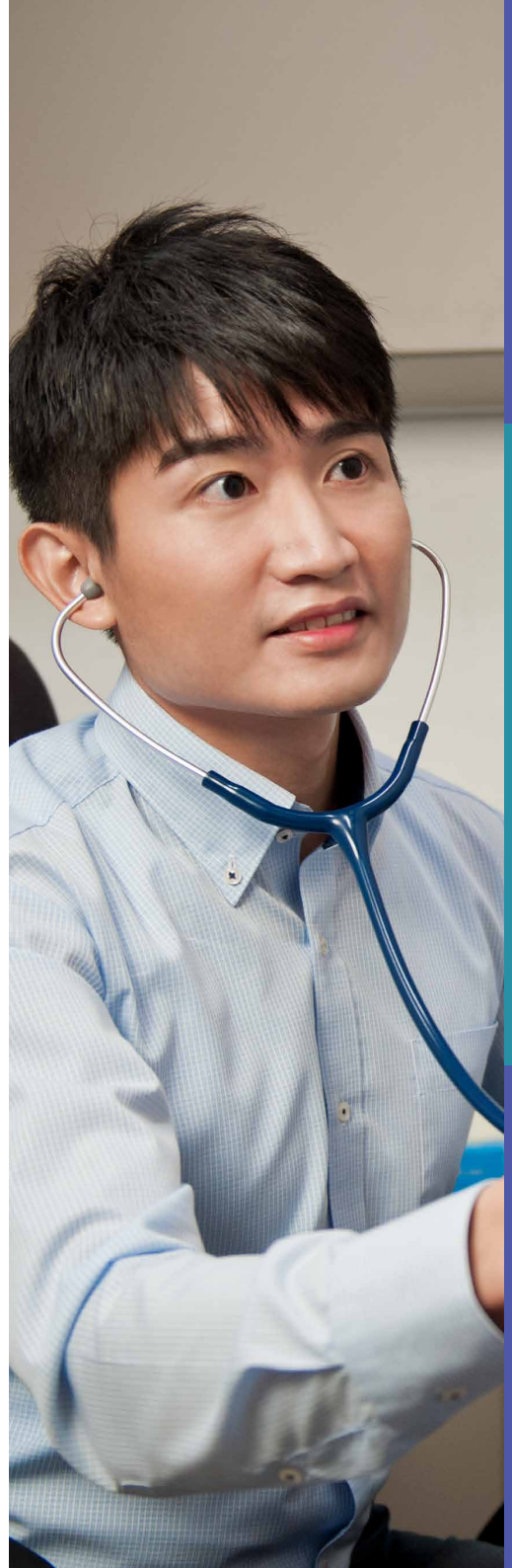
- **Lipid Screen**

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- Direct LDL Cholesterol
- Cholesterol Ratio

- **Other Test**

- Electrocardiogram (ECG) Test (+\$35 nett)

- **Medical Health Report**



PINK

HEALTH SCREENING PACKAGE

Non-Fasting Option:
\$105 nett

Fasting Option:
\$110 nett

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose (Fasting)
- HbA1c (Non-Fasting)

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- Direct LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Uric Acid

• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• STD Screening

- VD Screen

• Urine Analysis

- Urine FEME

• Stool Analysis

- Stool Occult Blood

• Other Test

- Electrocardiogram (ECG) Test (+\$35 nett)

• Medical Health Report & Lifestyle Counselling

SILVER

HEALTH SCREENING PACKAGE

Non-Fasting Option:

\$210 nett

Fasting Option:

\$215 nett

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose
- HbA1c

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- Direct LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Uric Acid



• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Thyroid Screen

- Free T4
- TSH

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Tumour Markers

- Liver (AFP)
- Colon (CEA)

• STD Screening

- VD Screen

• Urine Analysis

- Urine FEME
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Test

- Electrocardiogram (ECG) Test (+\$35 nett)

• Medical Health Report & Lifestyle Counselling

GOLD

HEALTH SCREENING PACKAGE

Non-Fasting Option:

\$300 nett

Fasting Option:

\$305 nett

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose
- HbA1c

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- Direct LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Uric Acid

• Thyroid Screen

- Free T4
- TSH



• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Tumour Markers

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125)
- Prostate (PSA)
- Nose (EBV)

• STD Screening

- VD Screen

• Urine Analysis

- Urine FEME
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Tests

- Helicobacter Pylori Antibody (Stomach)
- Electrocardiogram (ECG) Test (+\$35 nett)

• Medical Health Report & Lifestyle Counselling

EMERALD

HEALTH SCREENING PACKAGE

Non-Fasting Option:

\$420 nett

Fasting Option:

\$425 nett

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose
- HbA1c

• Vitamin and Mineral

- Ferritin
- Iron
- Transferrin
- Folic Acid
- Vitamin B12
- Total Iron Binding Capacity (TIBC)
- % Iron Saturation

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- Direct LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Calcium
- Uric Acid
- Phosphate

• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Thyroid Screen

- Free T4
- TSH

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Tumour Markers

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125)
- Prostate (PSA)
- Nose (EBV)
- Pancreas (CA 19-9)

• Cardiac Risk Profile

- HS CRP

• STD Screening

- VD Screen

• Urine Analysis

- Urine FEME
- Urine Microalbumin
- Urine Creatinine
- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Tests

- Helicobacter Pylori Antibody (Stomach)
- Vitamin D
- Electrocardiogram (ECG) Test (+\$35 nett)

• Medical Health Report & Lifestyle Counselling

HEALTH SCREENING PREPARATION GUIDELINES

What do I need to bring?

- Singapore NRIC / Passport / Employment Pass/Work Permit
- Recent medical reports and films (highly encouraged)
- Letter of Guarantee from your Insurance Company/Agency (if applicable)
- Authorisation letter, company letter or staff pass (applicable to corporate clients)

During your health screening

STOOL COLLECTION

- You may collect a stool specimen bottle from our GP clinics prior to your screening appointment.
- If you are bringing your stool sample from home, please collect 1 scoop of stool in the sterile stool specimen bottle, seal the bottle tightly and bring it along with you on the day of your screening.
- Stool sample should not be kept for more than 12 hours before submission.
- For women, please ensure that you are not menstruating at the time of urine and stool collection.
- Avoid red meat and iron supplements 3 days before stool sample is collected.

Before your health screening

FASTING

- Please fast for 10 hours before your appointment.
- No food or beverages are allowed during the fast. However, you can have plain water.
- The average screening duration is about 20 minutes or longer depending on the selected package.

NON-FASTING

- Please avoid heavy, fatty or sugary foods for 2 hours before your appointment to ensure accurate lipid (triglyceride) and blood sugar readings.

GENERAL

- Please do not consume your routine medication or supplements until the fasting tests are over. You can have them right after the test.
- Women are advised to undergo Thin Prep, HPV test, as well as urine and stool tests at least 5 days before or after their menstruation cycle.

DECLARATION OF ILLNESS

Should you feel unwell prior to your screening, please call our clinic to inform our staff. Our doctor may require you to adhere to special precautions or postpone your screening depending on your medical condition.

Post health screening

- Your health screening report will be ready within the next 5 to 7 days.
- We also offer comprehensive services including women's health screening, executive health screening and adult specialists, should you require follow-up treatments.
- Upon completion of your health screening, a second appointment will be scheduled after 5 to 7 days. Your doctor will then go through your health screening test results with you in detail.

Depending on your results, he or she may suggest necessary lifestyle changes and treatments. This is also the best time to seek your doctor's advice with regards to any health concerns you may have.



Scan here for
more information

For clinic locator and directions, visit our website at
www.healthwaymedical.com/clinics