

# **GOLD BASIC HEALTH SCREENING PACKAGE**

*Fasting & Non-Fasting Options Available*

## **\$288 nett**



### • **Medical Examination By Doctor**

- Interview on Medical History
- Physical Examination

### • **Clinical Assessment**

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

### • **Haematology**

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

### • **Diabetics**

- Blood Glucose (Fasting or Random\*)
- HbA1c

### • **Lipid Screen**

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol  
OR  
Direct LDL Cholesterol (for non-fasting)
- Cholesterol Ratio

### • **Renal Function**

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

### • **Bone & Joint Screen**

- Uric Acid

*\*Non-fasting*

### • **Liver Function**

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

### • **Thyroid Screen**

- Free T4
- TSH

### • **Hepatitis Screen**

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAB)
- Hepatitis Bs Antibody (HAG)

### • **Tumour Markers**

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Nose (EBV)

### • **STD Screening**

- Syphilis Screen (VDRL)

### • **Urine Analysis**

- Urine FEME
- Urine Microalbumin Creatinine Ratio

### • **Stool Analysis**

- Stool Occult Blood

### • **Other Tests**

- Helicobacter Pylori Antibody (Stomach)

### • **Medical Health Report & Lifestyle Counselling**

To book an appointment and find clinic locations,  
visit [www.healthwaymedical.com/clinics](http://www.healthwaymedical.com/clinics)

*\*Terms & conditions apply*

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and mention:

**'Singapore Cycling  
Federation'**

to the clinic staff