



HEALTH SCREENING PACKAGES

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Health Screening at Healthway Medical GP Clinics

The Importance of Health Screening

As early detection leads to more effective treatment, it is important to go for regular health screening, even if you feel fine. Through checkups, potential health problems can be identified and managed before they become critical.

Benefits of Getting Your Health Screening at Healthway Medical GP Clinics

With over 60 GP clinics located islandwide, we deliver quality, affordable and accessible health screenings for all.

Our medical professionals offer personalised recommendations and treatments for patients, helping you to uncover key insights about your current health status, and identify any future risks for early intervention.



BLUE HEALTH SCREENING PACKAGE

*Fasting & Non-Fasting
Options Available*

\$70 nett

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Diabetics

- Blood Glucose (Fasting or Random*)
- HbA1c (for non-fasting)

• Lipid Screen

- Total Cholesterol
 - Triglycerides
 - HDL Cholesterol
 - LDL Cholesterol
- OR
- Direct LDL Cholesterol (for non-fasting)
 - Cholesterol Ratio

• Medical Health Report & Lifestyle Counselling

*Non-fasting



PINK

HEALTH SCREENING PACKAGE

*Fasting & Non-Fasting
Options Available*

\$125 nett

- **Medical Examination By Doctor**

- Interview on Medical History
- Physical Examination

- **Clinical Assessment**

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

- **Haematology**

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

- **Diabetics**

- Blood Glucose (Fasting or Random*)
- HbA1c (for non-fasting)

- **Lipid Screen**

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- OR
- Direct LDL Cholesterol (for non-fasting)
- Cholesterol Ratio

- **Renal Function**

- Urea
- Creatinine
- eGFR

- **Bone & Joint Screen**

- Uric Acid

- **Liver Function**

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

- **Hepatitis Screen**

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

- **STD Screening**

- Syphilis Screen (VDRL)

- **Urine Analysis**

- Urine FEME

- **Medical Health Report & Lifestyle Counselling**

**Non-fasting*

SILVER HEALTH SCREENING PACKAGE

*Fasting & Non-Fasting
Options Available*

\$240 nett



- **Medical Examination By Doctor**

- Interview on Medical History
- Physical Examination

- **Clinical Assessment**

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

- **Haematology**

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

- **Diabetics**

- Blood Glucose (Fasting or Random*)
- HbA1c

- **Lipid Screen**

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- OR
- Direct LDL Cholesterol (for non-fasting)
- Cholesterol Ratio

- **Renal Function**

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

*Non-fasting

- **Bone & Joint Screen**

- Uric Acid

- **Liver Function**

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

- **Thyroid Screen**

- Free T4
- TSH

- **Hepatitis Screen**

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

- **Tumour Markers**

- Liver (AFP)
- Colon (CEA)

- **STD Screening**

- Syphilis Screen (VDRL)

- **Urine Analysis**

- Urine FEME
- Urine Microalbumin Creatinine Ratio

- **Stool Analysis**

- Stool Occult Blood

- **Medical Health Report &
Lifestyle Counselling**

GOLD

HEALTH SCREENING PACKAGE

Fasting & Non-Fasting Options Available

\$340 nett



• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose (Fasting or Random*)
- HbA1c

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- OR
- Direct LDL Cholesterol (for non-fasting)
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

*Non-fasting

• Bone & Joint Screen

- Uric Acid

• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Thyroid Screen

- Free T4
- TSH

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Tumour Markers

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Nose (EBV)

• STD Screening

- Syphilis Screen (VDRL)

• Urine Analysis

- Urine FEME
- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Tests

- Helicobacter Pylori Antibody (Stomach)

• Medical Health Report & Lifestyle Counselling

EMERALD

HEALTH SCREENING PACKAGE

*Fasting & Non-Fasting
Options Available*

\$470 nett

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose (Fasting or Random*)
- HbA1c

• Vitamin and Mineral

- Ferritin
- Iron
- Transferrin Saturation
- Folic Acid
- Vitamin B12
- Total Iron Binding Capacity (TIBC)

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
OR
Direct LDL Cholesterol (for non-fasting)
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Calcium
- Uric Acid
- Phosphate

• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Thyroid Screen

- Free T4
- TSH

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Tumour Markers

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Nose (EBV)
- Pancreas (CA 19-9)

• Cardiac Risk Profile

- HS CRP

• STD Screening

- Syphilis Screen (VDRL)

• Urine Analysis

- Urine FEME
- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Tests

- Helicobacter Pylori
Antibody (Stomach)
- Vitamin D

• Medical Health Report & Lifestyle Counselling

*Non-fasting

PACIFIC HEALTH SCREENING PACKAGE

Non-Fasting

\$155 nett

Get your non-fasting health screening done in the evening, after office hours, at your convenience!

- **Diabetics**

- HbA1c

- **Renal Function**

- Urea
- Creatinine
- eGFR

- **Bone & Joint Screen**

- Uric Acid

- **Cardiac Risk Profile**

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol (Direct)
- Cholesterol/HDL Ratio
- hs C-Reactive Protein (hsCRP)

- **Thyroid Profile**

- FT4
- TSH

- **Liver Profile**

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

- **STD Screening**

- Syphilis Screen (VDRL)

- **Urine Analysis**

- Urine Microalbumin Creatinine Ratio

- **Stool Analysis**

- Stool Occult Blood



AZURE HEALTH SCREENING PACKAGE

Non-Fasting

\$315 nett

Get your non-fasting health screening done in the evening, after office hours, at your convenience!

• Diabetics

- HbA1c

• Renal Function

- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Uric Acid

• Cardiac Risk Profile

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol (Direct)
- Cholesterol/HDL Ratio
- hs C-Reactive Protein (hsCRP)

• Liver Profile

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Thyroid Profile

- FT4
- TSH

• Tumour Markers

- AFP (Liver)
- CEA (Colon)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Pancreas (CA19.9)
- Nose (EBV)

• STD Screening

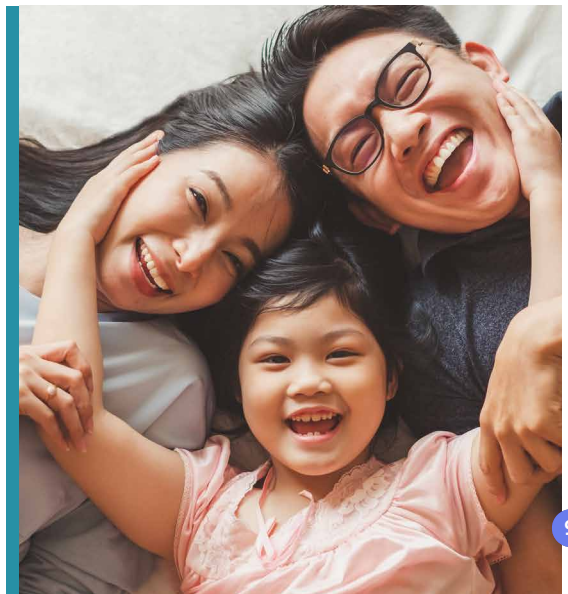
- Syphilis Screen (VDRL)

• Urine Analysis

- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood



PRUSSIAN HEALTH SCREENING PACKAGE

Non-Fasting

\$455 nett

Get your non-fasting health screening done in the evening, after office hours, at your convenience!

• Diabetics

- HbA1c

• Vitamin and Mineral

- Iron
- Total Iron Binding Capacity (TIBC)
- Transferrin Saturation
- Ferritin
- Folic Acid
- Vita B12

• Renal Function

- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Uric Acid

• Cardiac Risk Profile

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol (Direct)
- Chol/HDL Ratio

• Liver Profile

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

• Hepatitis Screen

- Hepatitis A Antibody (HAV)
- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)

• Thyroid Profile

- FT4
- TSH

• Tumour Markers

- AFP (Liver)
- CEA (Colon)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Pancreas (CA19.9)
- Nose (EBV)

• STD Screening

- Syphilis Screen (VDRL)

• Urine Analysis

- Urine Microalbumin Creatinine Ratio

• Stool Analysis

- Stool Occult Blood

• Other Tests

- Helicobacter Pylori Antibody (Stomach)
- Vitamin D

PREMARITAL HEALTH SCREENING PACKAGE

\$140 nett ♂
\$170 nett ♀

• Medical Examination By Doctor

- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement

• Haematology

- Full Blood Count
- HB Electrophoresis

• Thyroid Screen

- Free T4 ♀
- TSH ♀

• Hepatitis Screen

- Hepatitis Bs Antigen (HAG)
- Hepatitis Bs Antibody (HAB)
- Hepatitis Cs Antibody (HCVAb)

• Immunology

- Rubella IgG Antibody ♀

• STD Screening

- Syphilis Screen (VDRL)
- HIV Antibody

• Urine Analysis

- Urine FEME

• Evaluation Report

- Medical Report
- Post Examination Review By Doctor
- Lifestyle Counselling



What do I need to bring?

- Singapore NRIC/ Passport/ Employment Pass/Work Permit
- Recent medical reports and films (highly encouraged)
- Letter of Guarantee from your Insurance Company/Agency (if applicable)
- Authorisation letter, company letter or staff pass (applicable to corporate clients)

During your health screening

STOOL COLLECTION

- You may collect a stool specimen bottle from one of our GP clinics prior to your screening appointment.
- If you are bringing your stool sample from home, please collect 1 scoop of stool in the sterile stool specimen bottle, seal the bottle tightly and bring it along with you on the day of your screening.
- Stool sample should not be kept for more than 12 hours before submission.
- For women, please ensure that you are not menstruating at the time of urine and stool collection.
- Avoid red meat and iron supplements 3 days before stool sample is collected.

OPTIONAL ADD-ON TESTS

- Thin Prep (additional \$55 nett) ♀
- HPV (additional \$185 nett) ♀
- 12 Leads Resting ECG (additional \$25 nett)

Before your health screening

FASTING

- Please fast for 10 hours before your appointment.
- No food or beverages are allowed during the fast. However, you can have plain water.
- The average screening duration is about 20 minutes or longer depending on the selected package.

GENERAL

- Please do not consume your routine medication or supplements until the fasting tests are over. You can have them right after the test.
- Women are advised to undergo Thin Prep, HPV test, as well as urine and stool tests at least 5 days before or after their menstruation cycle.

DECLARATION OF ILLNESS

Should you feel unwell prior to your screening, please call our clinic to inform our staff. Our doctor may require you to adhere to special precautions or postpone your screening depending on your medical condition.

Post health screening

- Your health screening report will be ready within the next 5 to 7 days.
- We also offer comprehensive services including women's health screening, executive health screening and adult specialists, should you require follow-up treatments.
- Upon completion of your health screening, a second appointment will be scheduled after 5 to 7 days. Your doctor will then go through your health screening test results with you in detail. Depending on your results, he or she may suggest necessary lifestyle changes and treatments. This is also the best time to seek your doctor's advice with regards to any health concerns you may have.

A stylized logo featuring a central purple human figure with arms raised, set against a light blue circular background with four curved segments. The figure is composed of solid purple shapes, while the background segments are light blue.

For clinic locator and directions, visit our website at
www.healthwaymedical.com/clinics



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more information