

FITNESS CORE HEALTH SCREENING PACKAGE

**Available at designated
clinics only*

\$380 nett



Discover our Sports Health Screening Package—tailored insights for peak athletic performance!

• Medical Examination By Doctor

- Pre-exercise Screening QA
- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement
- 12 Leads Resting ECG

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine
- eGFR

• Bone & Joint Screen

- Calcium
- Creatinine Kinase
- Uric Acid
- Magnesium
- Phosphate

• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Hormone Screen

- Testosterone
- Estradiol ♀
- FSH ♀
- LH ♀
- Prolactin
- Free T4
- TSH

• Urine Analysis

- Urine FEME

• Others

- Vitamin D

• Medical Health Report & Lifestyle Counselling

- Review of Screening
Results

*Health Screening packages may vary by location. Please call your clinic to confirm the availability of specific packages.

*Walk-in patients may experience waiting times. We encourage booking your health screening appointment online or by phone before your visit for a quicker, hassle-free experience!

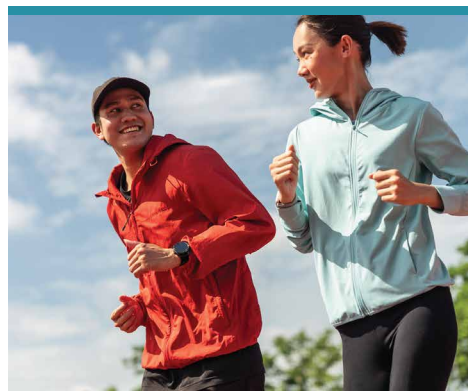


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more information



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an appointment

For clinic locator and directions, visit our website at
www.healthwaymedical.com/clinics



FITNESS ELITE HEALTH SCREENING PACKAGE

**Available at designated
clinics only*

\$980 nett



Discover our Sports Health Screening Package—tailored insights for peak athletic performance!

• Medical Examination By Doctor

- Pre-exercise Screening QA
- Interview on Medical History
- Physical Examination

• Clinical Assessment

- Weight & Height Measurement
- Body Mass Index (BMI)
- Blood Pressure Measurement
- 12 Leads Resting ECG

• Haematology

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film

• Diabetics

- Blood Glucose

• Lipid Screen

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Cholesterol Ratio

• Renal Function

- Sodium
- Potassium
- Chloride
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- Creatinine
- eGFR

• Bone & Joint Screen

- Calcium
- Creatinine Kinase
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• Liver Function

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma GT

• Hormone Screen

- Testosterone
- Estradiol ♀
- FSH ♀
- LH ♀
- Prolactin
- Free T4
- TSH

• Urine Analysis

- Urine FEME

• Others

- Vitamin D

• Cardiac Screening (Done at Nobel Heart Centre)

- 2D Echocardiogram (2DE)
- Treadmill Stress Test

• Medical Health Report & Lifestyle Counselling

- Review of Screening Results
- Cardiac Risk Assessment

• Optional Add-Ons

- Consultation with Nobel
Heart Centre Cardiologist
(\$100 nett)
- VO2 Max Testing

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